

Professional Support Unit



The Professional Support Unit (PSU) provides a shared service of expert resources to support the professional development of clinicians in London and South East.

Who can access the PSU?

Healthcare professionals within London and South East region specifically:

- Postgraduate Doctors and Dentists who hold a London / KSS training number (Foundation years until CCT)
- Healthcare professionals between Bands 5 to 8 in a recognised training scheme such as nurse preceptorship or development for more specialised clinical roles
- London doctors who have completed and passed the entry requirements and have been offered a placement on the London Inducting, Returning and Retaining the Workforce schemes

**Developing people
for health and
healthcare**

www.hee.nhs.uk

What we offer

Resources

Careers Support including a range of 1:1 careers support sessions, from brief careers guidance to in-depth career counselling

Coaching can help you to:

- increase your motivation
- improve your work-life balance
manage transitions positively
- enhance your leadership skills

e-Learning modules

 including:

- Clinical incidents
- IMG and EU Doctors eLearning Package
- Insight
- Medicines Management
- Prescribing
- Professional Boundaries
- Professionalism
- Record keeping
- Reflective Writing Skills
- Stress, Mental Health and Wellbeing in the Workplace
- Undermining and Conflict in the Workplace

Go to www.lpmde.ac.uk/ldper

Advice

- Clinician-specific and general advice to education and service providers and regulators, including contributing to the developing action plans
- In-house Occupational Health expertise inform local policy and to optimise acce. OH services pan-London.

Individual Support Team

- One-to-one confidential meeting with our clinical staff
- Recommendations concerning the development of a personal development plan (PDP) and advice about how to put this into action
- Suggestions and sign-posting to other services such as coaching and mentoring
- Advice about courses, educational activities and support services

Inducting, Returning and Retaining the Workforce

 including:

- Re-Launch Scheme
- GP Induction & Refresher Scheme
- Clinical Apprenticeship Placement Scheme
- GP Retainer Scheme

PHP HEE (London): Confidential brief intervention for medical and dental trainees with mental health and/or addiction issues

Specialist Clinical Communication & Linguistic Services

 including:

- Communication learning needs reviews
- Enhance your relationships with patients, families, carers, and colleagues
- Assertiveness
- Linguistic skills
- Cultural awareness

How to access

Self-referral either to the specific resources or through our online application form available at www.lpmde.ac.uk/professional-development/psu-application-form

For PHP HEE (London), please call: 020 3049 4505

Referrals are handled confidentially as set out in our confidentiality and privacy policy.

Further information

Please visit the PSU page at www.lpmde.ac.uk/psu